



**PRE - CONTEMPLATION**



**CONTEMPLATION**



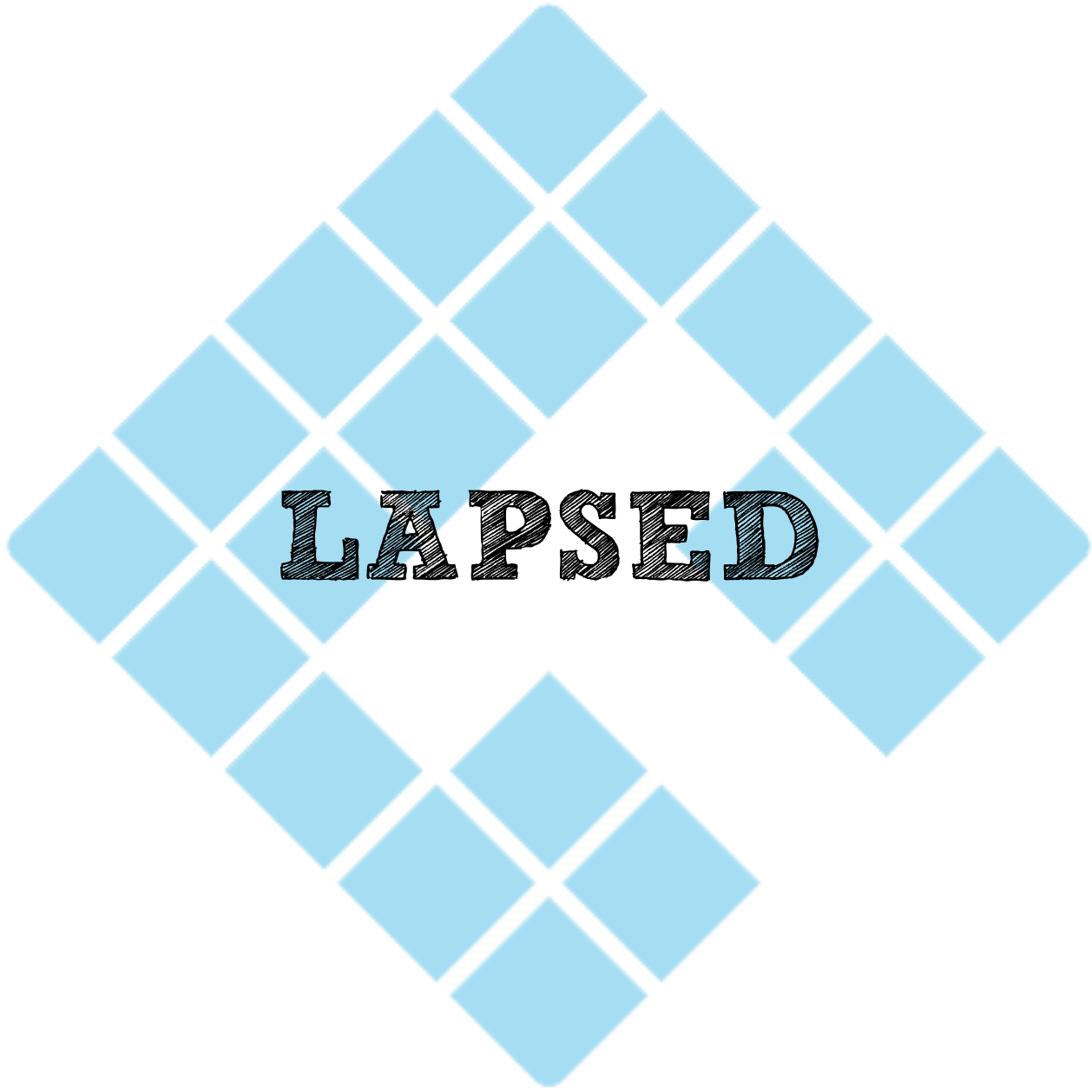
**PREPARATION**



**ACTION**



**MAINTENANCE**



**LAPSED**